



**2019 Williamsburg Aquatic Club  
Start-up Classic  
A/BB/B/C  
October 11-13, 2019  
SANCTION NO. VS-20-19**



<b>SANCTION:</b>	<ul style="list-style-type: none"><li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-20-19</li><li>USA Swimming, Inc., Virginia Swimming, Inc., Williamsburg Aquatic Club and the Collegiate School Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>LOCATION:</b>	Collegiate School Aquatic Center, 5050 Ridgedale Parkway, Richmond, Va. 23234, Phone: (804) 271-8271
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>The Collegiate School Aquatic Center provides 2 indoor pools and supporting amenities including hospitality, a swim shop, classroom and wireless internet.</li><li>The 50-Meter competition pool with bulkhead offers two 25 yard competition pools with a depth of seven feet and seven inches at the sides and eight feet two inches in the center. Competition lanes are a minimum of 9 feet wide swum wall to bulkhead.</li><li>This meet will be swum in the 25 yard course.</li><li>Warm-up &amp; Warm-down lanes will be available on the other side of the bulkhead.</li><li>Non-Turbulent Lane Makers will be used in both Pools.</li><li>Omega Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches.</li><li>There is Spectator Seating for 700 plus.</li><li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C (4).</li></ul>
<b>MEET DIRECTOR:</b>	Name: Harold Baker Email: <a href="mailto:coachharold2@cox.net">coachharold2@cox.net</a> Phone: 757-229-8662
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>Open to all USA Swimming athletes registered before the first day of the meet.</li><li>No on-deck USA Swimming athlete registration will be permitted.</li><li>2017-2020 NAG time standards are in effect.</li><li>Age on October 11, 2019 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li><li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>All 12 &amp; Under swimmers will swim in the A.M. Sessions.</li><li>All 13 &amp; Over swimmers will swim in the P.M. Sessions.</li><li>Friday's Distance Session will be open to 11 &amp; older. Swimmers must supply their own Timers and Lap Counters.</li><li>Saturday's Distance Session will start 15 Minutes after the afternoon Session but not before 4:00 P.M. Swimmers must supply their own Timers and Lap Counters.</li><li>All events will be timed finals.</li><li>All 25 yard (yards) events will start from the turn end of the pool.</li><li>Based on the number of entries received, the Meet Director, with the agreement of the Meet Referee, may elect to utilize two 25 yd courses.</li></ul>
<b>WARM-UP:</b>	<ul style="list-style-type: none"><li>Friday Session: Warm-ups at 4:30 P.M. Competition Starts: 5:10 P.M.</li><li>Morning sessions: Warm-ups at 7:30 AM; competition starts at 8:30 AM.</li></ul>

	<ul style="list-style-type: none"> <li>• Afternoon sessions: Warm-ups not before 12:30 PM; competition starts not before 1:30 PM.</li> <li>• Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the PM sessions, with the distance session competition starting 5 minutes thereafter.</li> <li>• The approximate start time for the distance sessions will be posted on the <a href="http://www.swimwac.com">www.swimwac.com</a> website no later than Monday, October 7, 2019 and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times.</li> <li>• Lane assignment and warm-up times for individual clubs will be posted on the <a href="http://www.swimwac.com">www.swimwac.com</a> website no later than Monday, October 7, 2019, and will also be emailed to the contact person of the participating clubs.</li> <li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. The Meet Director reserves the right to move Warm-up start times based on entries.</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY OCTOBER 1, 2019.</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in Short Course Yard times using Hy-Tek Team Manager and Commlink-2 software.</li> <li>• Teams submit entries via email.</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries.</li> <li>• Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT <b>must be slower than an “A” time</b>. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• Swimmers may enter a maximum of <b>4 individual events and 1 relay event per day</b>.</li> <li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• Relays may be eliminated if necessary and relay fees will be refunded should this happen. The Meet Director may also move warm-up times based on entries.</li> <li>• Email entries to: <b>Harold Baker at coachharold2@cox.net</b>.</li> <li>• Deck entries will be accepted in the order received and to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Administrative Official on the provided forms.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$6.50  Relay events: \$14.00  Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Williamsburg Aquatic Club.</li> <li>• Mail payment to: Williamsburg Aquatic Club  3013 South Court  Williamsburg, Va. 23185</li> <li>• Payment must be received by Tuesday October 8, 2019 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> <li>• <b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for 1<sup>st</sup> to 8<sup>th</sup> place. <ul style="list-style-type: none"> <li>○ 13 &amp; Over events will be given separate awards for 13-14 and 15 &amp; Over age groups.</li> <li>○ Open events will be given separate awards for 11-12, 13-14, and 15 &amp; Over age Groups</li> <li>○ 10 &amp; Under events will be given separate awards for 9-10 and 8 &amp; Under age groups.</li> <li>○ 8 &amp; under events will be given separate awards for the 7-8 and the 6 &amp; under age groups.</li> </ul> </li> <li>• Relay events: Ribbons will be awarded for first through 1<sup>st</sup> to 8<sup>th</sup> Place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events, except Event #1 &amp; 2(11 &amp; O 400 IM), 3 &amp; 4(11 &amp; O 1000 Free), 65 &amp; 66(13 &amp; O 1650 Free), 91 &amp; 92 (10&amp; U 500 Free,) 93 &amp; 94 11&amp;12 (500 Free),109 &amp; 110 (13 &amp; O 500 Free) will be pre-seeded.</li> </ul>

	<ul style="list-style-type: none"> <li>• 8 &amp; Younger swimmers in the morning sessions should report to the Clerk of Course and they will be escorted to the blocks from there.</li> <li>• Events #1 &amp; 2(11 &amp; O 400 I.M.), 3 &amp; 4(11 &amp; O 1000 Free), 65 &amp; 66(13 &amp; O 1650 Free), 91 &amp; 92 (10&amp; U 500 Free), 93 &amp; 94 11&amp;12 500 Free),109 &amp; 110(13 &amp; O 500 Free) will require a positive check-in.</li> <li>• Positive check-in will close at the end of warm-ups for the normal Sessions Positive Check in will close at 3:00 P.M. for the Saturday distance session. These events will only be reseeded if doing so removes a heat.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> </ul>
<b>PENALTIES:</b>	<p>A fine of up to \$100 per event may be assessed for any illegal participation in the Meet. Illegal participation is defined as:</p> <ul style="list-style-type: none"> <li>• Entries using fraudulent or non-verifiable times</li> <li>• Athlete competed in the incorrect age group.</li> <li>• Athlete is not registered with USA Swimming prior to the first day of the meet.</li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> <li>• Any event in which an athlete participated illegally will be rescored and re-awarded.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations, including the Minor Athlete Abuse Protection Policy, will govern this meet.</li> <li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval</li> <li>• Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is PROHIBITED.</li> <li>• In accordance with VSI best practices, all swimmers should shower before entering the pool.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Genny Kimbel</b>  <b>Email: <a href="mailto:gennykimbel@gmail.com">gennykimbel@gmail.com</a></b>  <b>Phone: 757-876-9134</b></p> <ul style="list-style-type: none"> <li>• Officials will be needed for all positions and all sessions for this meet.</li> <li>• Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to the WAC officials chair Mike Burrows at Email: <a href="mailto:m.burrows@cox.net">m.burrows@cox.net</a> or at (850) 896-1590 no later than Sunday October 6, 2019.</li> <li>• The Officials meeting for Friday will start at 4:10m P.M. The Meetings for Saturday &amp; Sunday will start at 7:30 A.M. for the A.M. Sessions &amp; 12:30 P.M. for the P.M. Sessions.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the swimvac.com no later than Monday, October 7, 2019 and will also be emailed to the contact person of each of the individual clubs.</li> <li>• Swimmers must provide their own timers and counters for the Distance Session on Friday &amp; the Saturday 1650 Session.</li> </ul>

<b>GENERAL:</b>	<p>Meet Programs will be sold for \$7.00</p> <p>Concessions will be available during the meet.</p> <p>Coaches and Officials hospitality will be provided.</p> <p>Overflow parking will be available at Martin's behind the Aquatic Center. The Tri &amp; Swim Shop will be open in the entrance Lobby.</p>
<b>FACILITY RULES:</b>	<p>No glass containers of any kind are permitted in the Facility.</p> <p>Lawn/Deck Chairs are not permitted in the grandstand.</p> <p>No spectators/parents will be allowed on the deck unless working the meet.</p> <p>No smoking is allowed anywhere on the Aquatic Center campus.</p> <p>Doors are not to be propped open and the front door is the only entry/exit door from the facility.</p>
<b>DIRECTIONS:</b>	<p>Go to <a href="http://swimwac.com">swimwac.com</a> – Click on Meets &amp; Events. Click onto Meet Venues for directions</p>

**WILLIAMSBURG AQUATIC CLUB START-UP CLASSIC  
ORDER OF EVENTS**

**Friday October 11, 2019**

**Warm-ups 4:30 P.M. Start 5:10 P.M.**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11 & over 400 IM	2
3	11 & over 1000 Free	4

**Saturday October 12, 2019**

<b>Morning Session</b> Warm-up: 7:30 AM; Start: 8:30 AM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
5	8 & Under 25 Free	6
7	11-12 50 Breast	8
9	10 & Under 50 Breast	10
11	11-12 200 Breast	12
13	10 & Under 100 Free	14
15	11-12 100 Free	16
17	10 & Under 50 Fly	18
19	11-12 50 Fly	20
21	10 & Under 200 Free	22
23	11-12 200 Free	24
25	10 & Under 100 Back	26
27	11-12 100 Back	28
29	10 & Under 200 I.M.	30
31	11-12 200 I.M.	32
33	11-12 200 Fly	34
35	8 & Under 25 Breast	36
37	11 & 12 200 Med. Relay	38
39	10 & Under 200 Med. Relay	40

<b>Afternoon Session</b> Warm-up: 12:30 PM; Start: 1:30 PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
41	13 & 14 100 Breast	42
43	15 & Over 100 Breast	44
45	13 & 14 200 Free	46
47	15 & Over 200 Free	48
49	13 & 14 100 Fly	50
51	15 & Over 100 Fly	52
53	13 & 14 200 Back	54
55	15 & Over Back	56
57	13 & 14 200 I.M.	58
59	15 & Over 200 I.M.	60
61	13 & 14 200 Medley Relay	62
63	15 & Over 200 Medley Relay	64

<b><u>Distance Session</u></b> (15 Minute Break)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
65	13 & Over 1650 Free	66

**WILLIAMSBURG AQUATIC CLUB START-UP CLASSIC  
ORDER OF EVENTS**

**Sunday October 13, 2019**

<b>Morning Session</b>		
<b>Warm-up: 7:30 AM; Start: 8:30 AM</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
67	8 & Under 25 Fly	68
69	11-12 200 Back	70
71	10 & Under 50 Back	72
73	11-12 50 Back	74
75	10 & Under 100 Fly	76
77	11-12 100 Fly	78
79	10 & Under 100 Breast	80
81	11-12 100 Breast	82
83	10 & Under 100 I.M.	84
85	11-12 100 I.M.	86
87	10 & Under 50 Free	88
89	11-12 50 Free	90
91	10 & Under 500 Free	92
93	11-12 500 Free	94
95	8 & Under 25 Back	96
97	11 & 12 200 Free Relay	98
99	10 & Under 200 Free Relay	100

<b>Afternoon Session</b>		
<b>Warm-up: 12:30 PM; Start: 1:30 PM</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
101	13 & 14 100 Back	102
103	15 & Over 100 Back	104
105	13 & 14 50 Free	106
107	15 & over 50 Free	108
109	13 & Over 500 Free	110
111	13 & 14 200 Breast	112
113	15 & Over 200 Breast	114
115	13 & 14 100 Free	116
117	15 & Over 100 Free	118
119	13 & 14 200 Fly	120
121	15 & Over 200 Fly	122
123	13 & 14 200 Free Relay	124
125	15 & Over 200 Free Relay	126